

# École Mallaig School

*Being the best we can be*

Box 90, Mallaig, AB T0A 2K0

Phone: 780-635-3858

Text: 587-600-8508

Fax: 780-635-3938

Webpage: [www.mallaigschool.ca](http://www.mallaigschool.ca)

Email: [mcs@sperd.ca](mailto:mcs@sperd.ca)

## March 4, 2024 Newsletter



### MALLAIG LIBRARY

#### BOOKFAIR

March 18-22



Elementary and Jr. High  
Report Cards  
March 15



Parent-Teacher  
Conference

March 21  
4:00-6:30

Online booking will open soon!

Thursday  
**March 7**  
2024  
7:00 PM

## COMMUNITY ENGAGEMENT NIGHT

ÉCOLE MALLAIG SCHOOL  
GYMNASIUM

Parents and stakeholders are invited to join Division and municipal representatives, including our MLA, to discuss the potential of including a daycare in the design of the new school planned for Mallaig.



Grade 1/2  
Swimming  
Lessons  
March 4 - 8 & 11



**WE  
APPRECIATE  
OUR  
SUBSTITUTE  
TEACHERS!**

March 11-15



March 10, 2024 • Set your clock ahead!

If you have a child/ren that will be attending kindergarten in the fall please contact our office @ 780-635-3858.

Note: Children must be 5 years of age by December 31, 2024



*Behold, I am doing a new thing...*

Isaiah 43:19

ARE YOU TIRED?  
NEED STRENGTH?  
PURPOSE?

*God wants to make you new again*

WHERE

ST. PAUL CATHEDRAL  
4625 - 50th Ave.  
St. Paul, AB

WHEN

SUNDAY  
March 10th, 2024  
6 - 9 pm

WHO

with MARK MALLET  
of The Now Word  
& worship band  
VINUM NOVUM

MUSIC... WORD... WORSHIP

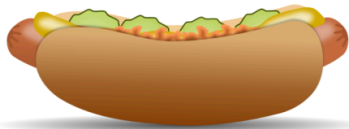
For more info, visit [WWW.NOVUM.LOVE](http://WWW.NOVUM.LOVE)  
or email Lana: [lane@novum.love](mailto:lane@novum.love)



Alter server  
practice!

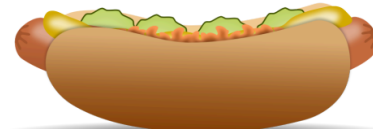


As a good works project, the Grade 8/9 Religion/Interfaith class presents:



*Hotdog Sales*

March 15, 2024



Name: \_\_\_\_\_

Teacher: \_\_\_\_\_

Hotdogs: \$3

Amount:

- ☐ Regular  
☐ Veggie  
☐ Halal



Please have the order form back to the homeroom teacher by March 10th.

**All Proceeds will be going to the Capella Centre**



# What are you doing for Lent?

10 IDEAS FOR A MORE MEANINGFUL LENTEN SEASON

## 1. Give up sin

Show your love for God by keeping his commandments. Turn away from sins.

## 2. Fast

An empty stomach can lead to more attentive prayer. Give the money you saved on food to others in alms.



## 3. Pray

Be in constant prayer. Pray for your family and friends, for those who suffer, and for the Church and the world.

## 4. Do good works

Help those in need. Pray for them and be ready to serve them in their time of need.



## 5. Give alms

Help the poor and support the good works of the Church. Give cheerfully to God who has given us everything we have.



## 6. Abstain

Give up meat or other desirable foods during Lent, especially on Friday, the day of Christ's saving death on the cross.



## 7. Do meditative reading

Nourish your faith by spending time in quiet reading and reflection. Prayerful reading of God's word each day will open your heart to the Spirit, and let God's thoughts and ways influence yours.

## 8. Control desire for possessions

Build up treasures in heaven rather than on earth. Cut down on material possessions, eliminate frills, lessen wants, share yourself – your time and your talents – with others.

## 9. Control desire for entertainment

Too much entertainment and other distractions can lead to less or no time for the works of the Lord.

## 10. Carry out duties in life

Serve God by living out your vocation in love each day. God is calling each of us to be a living sacrifice. Offer your daily life through Christ!

Text from Canadian Conference of Catholic Bishops' "Living Lent"



Archdiocese  
of Toronto

[www.archtoronto.org](http://www.archtoronto.org)  
archtoronto

## Shrove Tuesday

Thank you to the Knights of Columbus volunteers and Darci Penner for supporting and making pancakes for our students and staff. It is always a very special treat!







# WE NEED YOUR HELP FINDING BUS DRIVERS!



Dear Parents,

We're on the lookout for new bus drivers, and we need your help!

Finding regular and casual school bus drivers is proving to be quite challenging. So, we are turning to our parent community to help us navigate our recruitment journey.

Why become a bus driver? Well, besides being the captain of the coolest ride in town, here are a few perks:

- Work just a few hours a day
- No evenings and weekends
- Same holidays as students
- Preschoolers can ride with you
- Paid training and safety courses
- Health Benefit Spending Account  
(dependent on eligibility)

If you know someone with a passion for safety and a knack for keeping the good vibes rolling, please encourage them to apply. It could be a neighbor, a friend, or even yourself – no prior bus-driving experience required, just a willingness to embrace the adventure!

To express interest or learn more, please contact our transportation department at 780-645-3323.



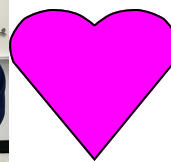
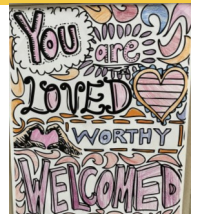
**Congratulations to Rylen Dargis on winning the guess on how many candies in the jar. He was right on with a guess of 83. Thank you to FCSS St. Paul for sponsoring this fun event.**



You're a star! Bursting with awesomeness!

Kindness Ninjas, silent and swift,  
Pass it forward, give someone a lift!

Thank you to everyone that organized Kindness events in support of Pink Shirt Day!



Grade 5/6T Kindness Mission winners!



Glitter  
tattoo





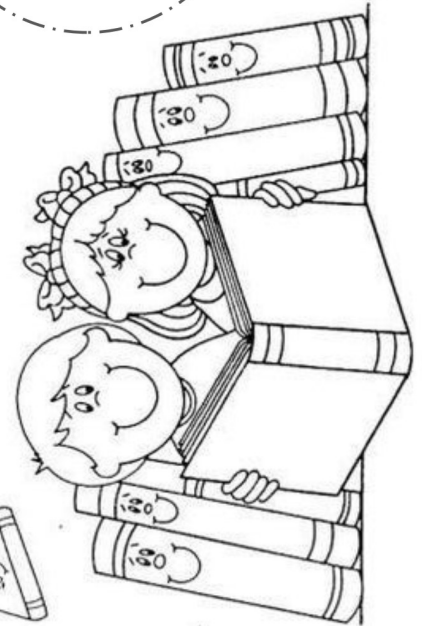
# Tutoring Program

For students of all abilities

Flexible timing  
\$20 / hour or \$15 / half hour  
Tutors are students in grades 9-12 from Mallaig  
One-to-one learning  
Available to students in Kindergarten to Grade 6  
Limited spaces available in French

★ ★ ★ ★ ★

If you are interested, please contact Miss Dayna at [hilddayn@spend.ca](mailto:hilddayn@spend.ca)



## We are published authors!



The 2022/2023 Grade 3/4 Class are published authors. Last year, our class made a book about our favourite "Would You Rather..." writing prompts. After sending our book in to get published we had a minor hiccup. Our book got lost in the mail! This class demonstrated perseverance and determination in the face of an obstacle. This September, we decided to rewrite our cherished book and get it published. We are happy to announce that our book has returned! Thank you to all the students and parents for their support with this support with this project!





Sr. Boys Basketball-Vermilion Tournament

## We are looking for pictures!

We are looking for pictures to display of athletes, individual or team that would have won medals at the provincial level.

2015 – Current

\*Volleyball \*Basketball \*Cross Country \*Track and Field events  
\*Badminton \*Golf



Please send them to [cotedlau@spend.ca](mailto:cotedlau@spend.ca)

Thank you to everyone that supported our second annual Mallaig Funspiel. We had 8 teams from Mallaig, Bonnyville, St. Paul, Elk Point and Boyle. The curlers learned so much from this experience. Thank you to the Mallaig Curling Club for helping our youth learn to curl and support our program. A huge thank you to our sponsors— MCSnet, Agland, NOVA/RPM, LJM Custom Knives and Cornerstone Coop. Your helped make this event a success. Thank you to Henri Amyotte and Iver Storseth for all the time you gave to work on curling skills with our athletes. Thank you Mrs. Handford for being the teacher supervisor, driver and tournament organizer.



**Thank you to our sponsors**










**Your generosity is greatly appreciated.**



# Mallaig Preschool Spring Plant Fundraiser

## Campaign Date: February 28 - March 15, 2024

### Cheques payable to Ecole Mallaig School - Orders will be delivery - May 6

Customer Name Phone Number									Total Cost
Description	10" Strawberry Basket	12" Tumbler Tomato Basket	12" Million Bells Basket  Colours: Blue/Pink/Yellow Red/Orange/Yellow	10-pack 4.5" Herb An assortment of herbs. <b>Herbs include:</b> - Basil (sweet) x2 - Cilantro - Thyme - Rosemary - Dill - Chives Onion - Chives Garlic - Parsley - Mint Mojito <i>Supplies &amp; containers may vary</i>	10-Pack 4.5" Veggies Vegetables for planting in a container or garden. <b>Varieties include:</b> - Tomatoes x3 (2 cherry, 1 large) - Zucchini - Cucumber x2 - Shelling Peas - Snap Peas - Romaine Lettuce x2 <i>Duplicates &amp; substitutions may occur.</i>	10-Pack 4.5" Wave Petunia  <b>Colours:</b> Blue (Dark Purple) Red White  <i>Container size and materials colours vary in a Pack.</i>	Garden Pro Super Bloom Water Soluble Fertilizer 10 -40 -25 1.2 kg	Garden Pro Superstarter Water Soluble Fertilizer 10 -52 -10 1.2 kg	
Item Cost	\$ 25.00	\$ 25.00	\$40.00	\$40.00	\$40.00	\$ 50.00	\$25.00	\$25.00	

Student Name: \_\_\_\_\_ Total Amount Collected : \_\_\_\_\_

## Ecole Mallaig School Spirit Days for March!

Friday March 8 - Dress as your favorite teacher.



Friday March 15- St Patrick's Day! Wear green today!



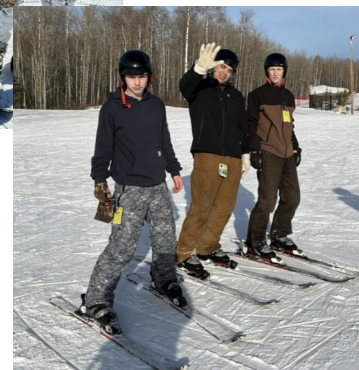
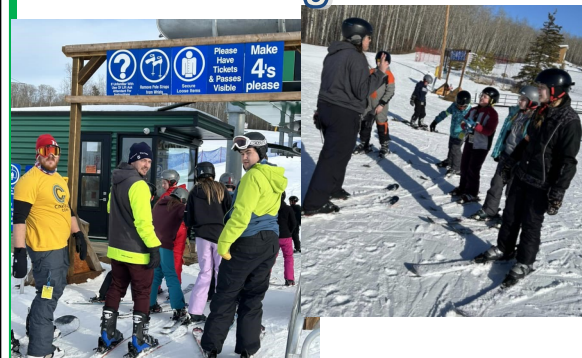
Friday March 22- Hat Day!  
Wear your favorite hat today!!



Spring Break March 23-29



A beautiful  
day for skiing!  
Thank you  
Kinosoo Ridge



The Grade 3/4 Classes would like to express our gratitude to all who generously contributed to our Valentine's Candy Fundraising Event in February . The proceeds collected will be utilized for our upcoming fieldtrip to the Telus World of Science in June. Your kindness and support are greatly appreciated!



100th Day  
of School





# MALLAIG CAREER CORNER

Mrs. Kotowich-Dubrule Ph: 780-614-7803 kotosusa@sperd.ca

## IMPORTANT DATES

Mar 1: UAlberta application deadline, UCalgary application deadline & deadline for UCalgary High School Awards . Mount Royal University Scholarship deadline.

Mar 1 - 15: Indigenous students can apply for FREE at MacEwan University.

Mar 5: Portage College (St. Paul campus) Open House at 6:00pm-8:00pm.

Mar 7: Concordia University of Edm Info Night @5:00pm-7:30pm (in person with online features for those who can't attend) \* free applications.

Mar 7 & 8: Lakeland College Program Info Sessions (Lloyd - Mar 7 & Vermilion - Mar 8)

Mar 9: NAIT Program Preview for School of Health and Life Sciences.

Mar 15: Deadline to apply for the ULethbridge High School Awards.

Mar 16: King's University Open House @ 10:00am - 2:00pm.

Mar 16: NAIT Program Preview for School of the Trades.

Mar 30: MacEwan application deadline for some of their programs.

## SCHOLARSHIPS

We have several scholarships available for students to apply for.

- RE/Max Quest for Excellence Scholarship (due March 13)
- Belcourt Brosseau Metis Awards (due March 31)
- Northern Alberta Development Council Bursary (due April 30)

I added other scholarships to the bulletin board outside my office. Also, grab a tip sheet for how to write a great scholarship essay! Soon, I'll have the scholarship booklet to share with our Grade 12 students and any grads of 2023 who are now going to post-secondary.

### My March Schedule:

I will be at Ecole Mallaig School on Friday, March 15, Monday, March 18, and Wednesday, March 20.

Remember you can email be at kotosusa@sperd.ca or call me at 780-614-7803 if you need anything before I am back in the school.

## COURSE REGISTRATION FOR POST-SEC

For those Grade 12 students who are post-secondary bound, March and April are busy times of the year. It's time to register for your first year university classes! Many schools will offer virtual registration workshops this year and we encourage our students to register for these and learn how to sign up for classes and plan with your

post-secondary Academic Advisor. My advice: register for classes EARLY! They are first come, first serve, and so it's important to plan your schedule ahead of time. Keep checking your emails and correspondence from post-secondary schools for more instructions. If you need any help contact Mrs. Kotowich-Dubrule .

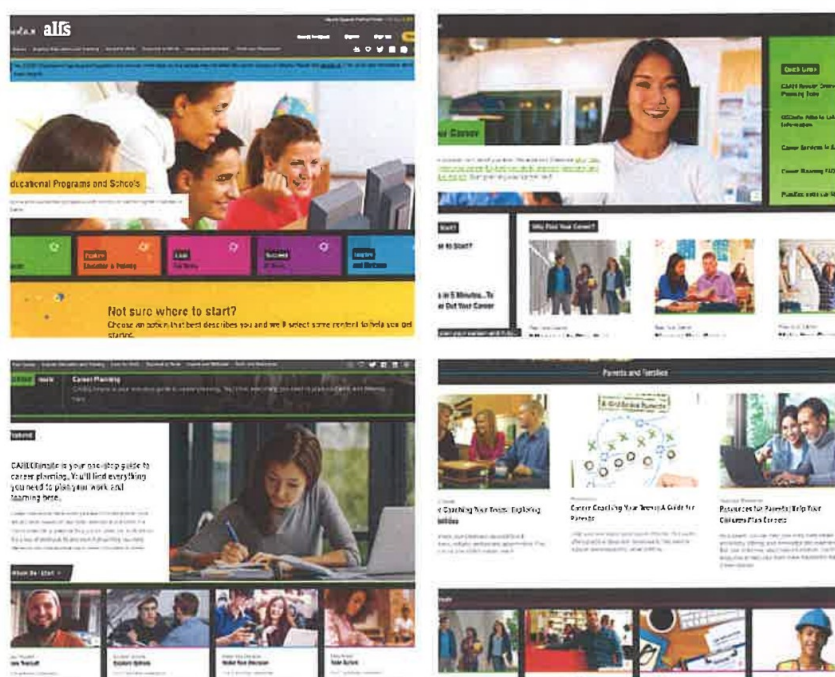


# HOW TO WRITE A SCHOLARSHIP ESSAY

Many scholarships require students to write a scholarship essay or write about their experiences, career plans, etc. They want to get to know YOU to make sure that you are a good candidate for their scholarship. This will require students to show off their writing skills. Often students are shy when they write about themselves, so here are some suggestions to help out you get started:

- Check the scholarship criteria, application instructions and DEADLINE
- In your essay, write about your achievements (both in and outside of school), experiences where you got involved in extra-curriculars, helped others and had a positive effect on your school and/or community.
- Clearly explain your post-secondary plans and your long term plans.
- Always describe your WHY. Ex. why did you choose that school? Why did you get involved in that volunteer work? This better describes your motivation and passion.
- Don't forget to write about financial need - why do you need the money?
- And finally, have someone proofread/review your draft.

# ALIS : PLAN YOUR CAREER & EXPLORE



Have you checked out the [alis.alberta.ca](http://alis.alberta.ca) website lately? This a great website, full of information to help our students plan their career, explore education and training programs and look for work. They even have a section to help parents and families. Occinfo ([alis.alberta.ca/occinfo](http://alis.alberta.ca/occinfo)) is part of the website where students can search specific occupations that interest them or even generate a list of possibilities if they are interested in a specific field (ex. health care or medical field). Students can learn more about the job, what skills/traits are good to have, and what type of schooling or training is required. It's a great starting point! For any students who aren't sure about what they want to do after school, we encourage them to complete the self-assessment questionnaires on Careerinsite ([alis.alberta.ca/careerinsite](http://alis.alberta.ca/careerinsite)) and on myBlueprint.

# LOCAL SCHOLARSHIP BOOKLET

Our 2024 Local Scholarship Booklet will be available this month for our Grade 12 students and families, as well as for previous grads who are now pursuing post-secondary. We have a wealth of school specific and division wide scholarships. Paper copies will be available at the school or you can view

the booklet on any school website or the division website. Many of the scholarships will ask for a scholarship essay so please see Mrs. Kotowich-Dubrule for a tip sheet or if you have any questions.



### Managing stress through breathing

Deep breathing is an excellent way to help manage stress.

When we breathe deeply, into our stomachs, it sends a signal to our brains and bodies to calm down and relax.

When we pay attention to our breath it can help improve how we behave and how we feel.

### Practice makes perfect

When we pay attention to our breath, it can help improve how we behave and how we feel.

With practice we can learn to purposefully slow down our breath until we feel less stressed and more confident.

Try a few different exercises and see which one you like best!

### Breathing exercise to try with your child

**Triangle Breathing** - Start at the bottom left of the triangle.

Breathe in for three counts as you trace the first side of the triangle.

Hold your breath for three counts as you trace the second side of the triangle.

Breathe out for three counts as you trace the final side of the triangle. You have just completed one deep breath.

### Breathing exercise to try with your child

**Color Breathing** - Breathe in and imagine a calm, happy, positive color. Breathe out and imagine a color that represents stress, anxiety, etc. leaving your body.

**Darth Vader Breathing** - Pretend you have a straw in your mouth, suck in through the straw and breathe in. Breathe out like Darth Vader.

### MORE RESOURCES

[Stress Management: Breathing Exercises for Relaxation \(alberta.ca\)](#)

[Breathing Exercises To Reduce Stress - Headspace](#)

[Deep Breathing Exercises for Kids — Coping Skills for Kids](#)

Information on mental health, community supports, programs and services in your area:



Addiction Services Help Line  
1-866-332-2322

Mental Health Help Line  
1-877-303-2642



# 2024/2025 Division Calendar

## St. Paul Education Learning Calendar 2024-2025

August 2024							September 2024							October 2024							November 2024						
M	T	W	T	F			M	T	W	T	F			M	T	W	T	F			M	T	W	T	F		
5	6	7	8	9			2	3	4	5	6			1	2	3	4			7	8	9	10	11			1
12	13	14	15	16			9	10	11	12	13			8	9	10	11			14	15	16	17	18			8
19	20	21	22	23			16	17	18	19	20			14	15	16	17	18			18	19	20	21	22		
26	27	28	29	30			23	24	25	26	27			21	22	23	24	25			25	26	27	28	29		
							30							28	29	30	31										
December 2024							January 2025							February 2025							March 2025						
M	T	W	T	F			M	T	W	T	F			M	T	W	T	F			M	T	W	T	F		
2	3	4	5	6			6	7	8	9	10			3	4	5	6	7			10	11	12	13	14		
9	10	11	12	13			13	14	15	16	17			10	11	12	13	14			17	18	19	20	21		
16	17	18	19	20			20	21	22	23	24			17	18	19	20	21			24	25	26	27	28		
23	24	25	26	27			27	28	29	30	31			24	25	26	27	28			31						
30	31																										
April 2025							May 2025							June 2025							LEGEND						
M	T	W	T	F			M	T	W	T	F			M	T	W	T	F			Instructional Day						
1	2	3	4				5	6	7	8	9			2	3	4	5	6			PLC Day						
7	8	9	10	11			12	13	14	15	16			9	10	11	12	13			Schools Closed						
14	15	16	17	18			19	20	21	22	23			16	17	18	19	20			Early Dismissal (2 pm)						
21	22	23	24	25			26	27	28	29	30			23	24	25	26	27			Catholic Formation						
28	29	30												30							(Mallaig, SPECS, Racette)						



### Approved School Holidays

Labour Day	Sept 2	Family Day	Feb 17
Thanksgiving Day	Oct 14	Spring Break	March 24-28
Remembrance Day	Nov 11	Good Friday	April 18
Fall Break	Nov 12-15	Easter Monday	April 21
Christmas Break	Dec 23-Jan 3	Victoria Day	May 19

## St. Paul Education

Important Dates		Public Schools		Catholic Schools	
August 28-30	PLC Days	Instructional	0	Instructional	0
September 2	Labour Day	Instructional	20	Instructional	20
September 3	First day of school	Instructional	21	Instructional	21
September 30	Truth & Reconciliation Day	Instructional	16	Instructional	16
October 10	Catholic Education Formation (SPECS, Racette, Mallaig only)	Instructional	15	Instructional	15
October 11	PLC Day	Instructional	16	Instructional	16
October 14	Thanksgiving	Instructional	88	Instructional	88
November 11	Remembrance Day	Instructional	3	Instructional	3
November 12-15	Fall Break	Instructional	16	Instructional	16
December 20	Early Dismissal	Instructional	15	Instructional	15
Dec 23 - Jan 3	Christmas Break	Instructional	19	Instructional	19
January 28	First day of second semester	Instructional	17	Instructional	17
January 31	PLC Day	Instructional	89	Instructional	89
February 12	Early Dismissal	Instructional	13	Instructional	13
February 13-14	Teachers' Convention	Instructional	177	Instructional	177
February 17	Family Day	Instructional	13	Instructional	13
February 18	PLC Day	Instructional	190	Instructional	190
March 10	PLC Day	Instructional	177	Instructional	177
March 24 - 28	Spring Break	Instructional	322	Instructional	322
April 17	PLC Day	Instructional	177	Instructional	177
April 18	Good Friday	Instructional	339	Instructional	339
April 21	Easter Monday	Instructional	176	Instructional	176
May 15	PLC Day	Instructional	176	Instructional	176
May 16	Schools Closed	Instructional	176	Instructional	176
May 19	Victoria Day	Instructional	324	Instructional	324
June 9	PLC Day	Instructional	176	Instructional	176
June 21	National Indigenous People's Day	Instructional	176	Instructional	176
June 25	Last day of classes	Instructional	341	Instructional	341
June 26	PLC Day	Instructional	176	Instructional	176

Calendar Approved: February 14, 2024

Professional Learning Community - PLC days provide opportunities for staff to work together on topics such as: school opening and closing, professional learning, sharing best practices, assessment, and supports for students.

Catholic Education Formation (CEF) - October 10, 2024

Diploma Exam Schedule 2024-25 - October 28 - 31 November 4-7 January 13-17, 20-24 & 27 April 1-4, 7-11 June 11-13, 16-20, 23-25

Provincial Achievement Test Schedule 2024-2025 - In draft format as per Alberta Education January 15-17, 20-24 May 26-29 June 3-6, 9-13, 17-19





Scan for events calendar.

# YOUTH DROP-IN

*Calling all teenage dynamos*  
**Ages 13-18, we want YOU!**

**MONDAY - FRIDAY**  
**3:30PM - 5:30PM**  
**FCSS**  
5002-51 AVE  
Use the SPYC Door

**FCSSyouth@town.stpaul.ab.ca**

Explore our programming on Facebook and Instagram!

**fcss**  
St. Paul Regional  
Family and Community  
Support Services

**st.paul\_fcsc**

**FREE**

Swing by and join the party of diverse programs. Chill, study, explore resources, munch on snacks, or simply drop in to say hello!  
Don't miss out on this hot spot!

March 2024 [www.stpaulfcsc.ca](http://www.stpaulfcsc.ca) Interagency 7

**2024 YOUTH DROP IN**  
**March**  
**Ages 13-18**

HOSTED IN  
**St Paul**  
5002 - 51 Ave  
Use the SPYC Door  
Monday-Friday  
3:30pm - 5:30pm

MON	TUE	WED	THU	FRI
RESUME BUILDING HOSTED BY EMPLOYMENT ALBERTA 4	DROP IN & CHILL SPYC GYM NIGHT & BAGGETTE 7-8:00 5	THERAPY DOG STELLA 6	DROP IN & CHILL 7	MOVIE NIGHT & POPCORN ONLINE OPTION 8
DROP IN & CHILL 11	TACO IN A BAG 12	THERAPY DOG STELLA 13	DROP IN & CHILL 14	MOVIE NIGHT & POPCORN ONLINE OPTION SPYC DANCE 8PM-MIDNIGHT 15
TAX PREP CLASS 18	DROP IN & CHILL 19	THERAPY DOG STELLA 20	DROP IN & CHILL 21	MOVIE NIGHT & POPCORN ONLINE OPTION 22
DROP IN & CHILL 25	GARLIC FULL-APART BREAD 26	THERAPY DOG STELLA 27	MOVIE NIGHT & POPCORN ONLINE OPTION 28	CLOSED 29

This is a chill youth-only zone,

where you can just be yourself without any obligations.

There's no pressure to participate, so come along and do your thing!

Hit the books, chill with a snack, chat with your mates or just let yourself unwind.



Scan for events calendar.

Email: **FCSSyouth@town.stpaul.ab.ca**  
Web: **stpaulfcsc.ca**



**st.paul\_fcsc**



St. Paul Regional  
FCSS & Family  
Resource  
Network

**Snacks included!**

March 2024 [www.stpaulfcsc.ca](http://www.stpaulfcsc.ca) Interagency 8

# Mindful March 2024

MONDAY



4 Notice how you speak to yourself and choose to use kind words

TUESDAY



5 Bring to mind people you care about and send love to them

WEDNESDAY



6 If you find yourself rushing, make an effort to slow down

THURSDAY



7 Take three calm breaths at regular intervals during your day

FRIDAY

1 Set an intention to live with awareness and kindness

SATURDAY

2 Notice three things you find beautiful in the outside world

SUNDAY

3 Start today by appreciating your body and that you're alive

10 Get outside and notice how the weather feels on your face

11 Stay fully present while drinking your cup of tea or coffee

12 Listen deeply to someone and really hear what they are saying

13 Pause to watch the sky or clouds for a few minutes today

14 Find ways to enjoy any chores or tasks that you do

15 Stop. Breathe. Notice. Repeat regularly

16 Get really absorbed with an interesting or creative activity

17 Look around and spot three things you find unusual or pleasant

18 Have a 'no plans' day and notice how that feels

19 Cultivate a feeling of loving-kindness towards others today

20 Focus on what makes you and others happy today  
[daysofhappiness.net](http://daysofhappiness.net)

21 Listen to a piece of music without doing anything else

22 Notice something that is going well, even if today feels difficult

23 Tune into your feelings, without judging or trying to change them

24 Appreciate your hands and all the things they enable you to do

25 Focus your attention on the good things you take for granted

26 Choose to spend less time looking at screens today

27 Appreciate nature around you, wherever you are

28 Notice when you're tired and take a break as soon as possible

29 Choose a different route today and see what you notice

30 Mentally scan your body and notice what it is feeling

31 Discover the joy in the simple things of life

ACTION FOR HAPPINESS

Happier • Kinder • Together





**Various topics include:**

- the responsibility of staying alone
- basic safety tips
- fire safety
- simple first aid
- what to do in case of an emergency

**\*Participants must be at least 8 years old**  
**\*15 spaces available**

**YOUTH 8+**  
 Mallig Library (3110 - 1 Street)

# Home Alone Course

Wednesday **13**  
 March

**3:30pm-5:30pm**

TO REGISTER  
 CALL CHARLENE  
 780-635-3858

\$25 REGISTRATION FEE

This course is for  
 young people  
 who are  
 beginning to stay  
 home alone.

*Lakeland*

FAMILY RESOURCE NETWORK

Connect with us for more information.  
 Call **780-645-5311** or visit our website at **stpaulfcss.ca**  
 Providing services and support for ages 0-18yrs, parents and caregivers.



A program designed to help  
 parents and caregivers become  
 more aware of children's stress.  
 We will teach you effective  
 strategies to help your  
 child manage stress.

# Kids Have Stress Too

Friday **15**  
 March

**10am - 11am**

CALL TO REGISTER  
 780-645-5311

**FREE**

**CAREGIVERS**  
 LFRN St Paul 5002-51 Ave



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**February 14, 2024**

## **BOARD MEETING HIGHLIGHTS**



### **2024-25 School Calendar**

Trustees reviewed feedback received from school councils, parents and staff on the two draft versions of the 2024-2025 school calendar. Trustees approved Calendar B as presented with the following amendments:

- The first day of school will be moved to after the September long weekend
- Professional Learning Days scheduled for November 8 and December 2 will be changed to instructional days

The 2024-25 school calendar can be viewed [here](#).

### **Alberta School Council Association Annual Conference**

The ASCA Annual Conference will be hosted in Edmonton on April 26-28, 2024. Trustees approved a motion to sponsor the cost of registration and accommodations for two members of school councils who would like to attend. Those who are interested are asked to contact their school trustee by March 10, 2024.

### **FNMI Trustee**

The Board approved a motion to extend the current FNMI trustee term from the end of May 2024 to the end of June 2024. A letter regarding the extension will be shared with all relevant stakeholders.

### **Mallaig School Daycare**

Division representatives met with the County of St. Paul to discuss the potential of including a daycare in the design of the new school planned for Mallaig. We extend our gratitude to the County of St. Paul for their commitment to sponsor up to \$300,000 to support a portion of the costs associated with adding this space. The Division is also working with other stakeholders to explore options for covering the remaining costs.

### **Two Hills School Grant**

Congratulations to Two Hills School for receiving the N:OW for Net-Zero Foundation for Environmental Stewardship Grant. The school will use the \$14,400 grant to upgrade their lights to LED lights. We look forward to hearing more about this project as it develops.

### **Financial Report**

The Province is expected to release its budget at the end of February. Trustees and stakeholders will be engaged in budget development in the coming months including the setting of priorities. Trustees reviewed the Division's five year financial profile. As requested by the Province, the Division has reduced their reserves and is not in a position to draw them down any further.

For more information, contact:  
Mr. Peter Barron  
Superintendent of Schools  
[barrpete@sperd.ca](mailto:barrpete@sperd.ca)

*Learning Together, Growing Together*



# March 2024



Sun Mon Tue Wed Thu Fri Sat

						1 No School	2
3	4 Day 1	5 Day 2	6 Day 3 Gr. 9 Retreat	7 Day 4	8 Day 5	9	
10	11 Day 6	12 Day 1	13 Day 2	14 Day 3	15 Day 4 ECS-Gr 9 Report Cards / Capella Hot Dog Fundraiser Career Counsellor	16	
17	18 Day 5 Career Counsellor	19 Day 6	20 Day 1 Career Counsellor	21 Day 2 Parent/Teacher Conference 4-6:30	22 Day 3	23	
24	25	26	27	28	29	30	
31	April 1- No School	Spring Break-No School					

